

### **Welcome to Bongalong!**

We really hope you and your child/children become part of Bongalong and enjoy together the fun learning environment we offer. We provide sessions for babies/children 0-5 years old in the London Borough of Waltham Forest and Redbridge area. We also provide sessions for other organisations and birthday parties. All our sessions comprise instrument playing, movement, singing and drama. We also use a lot of props and costumes to bring songs and stories to life.

Everyone attends a regular session time on a weekly basis, booking for a term at a time. Groups therefore remain constant, helping to build confidence and opportunities to learn in a secure and familiar environment.

The way we use music, movement and drama supports the developmental stages your child/children will go through between 0-5 years. Songs and rhymes help speech development and language. Action songs and movement develop co-ordination. Music games encourage listening skills. Instruments enable exploration of sounds and effects. Group activity aids confidence, communication and social skills. Props and costumes stimulate imagination and role-play at home.

### **Leaders:**

Our leaders come from a variety of backgrounds as musicians, actors or dancers and many are parents themselves. They receive regular supervision, support and ongoing training as part of their professional development.

Bongalong is a service provided by Foundation Arts Ltd  
Company Number 4543853.  
Achievement through creativity.

**The Bongalong Philosophy:** We believe children learn if they are having fun in a positive, secure and creative environment. We accept and value each adult and child for who they are. We make no judgements. Bongalong is not about how well a child 'performs'. As long as he or she is attending regularly, whether they are passive or active, they will gain. We encourage but we do not impose any pressure.

**Aims:** Within each session every idea we use is carefully worked out with clear aims and objectives. These ideas are then developed from week to week gradually to include new ideas so there is variety and repetition, a necessary combination for young children to learn. Through this process we can make sure that all areas of a child's development are covered. For you and your child/children the result is a fun session where the children cannot help but learn as they play!

**Adults Too!** Bongalong is for you the adult as well if you have children under the age of five. Adults are asked to participate fully with children during each session. This is partly for your pleasure as singing and dancing to music is always uplifting whatever age you are! (We never put anyone on the spot!) It is also to support your child/children. If you are joining in then you are having fun together which is vital for a child's development. It also means you can remember what has happened to help your child if they want to re-enact anything at home. We also have an informal refreshment time at the end of each session.

**Sessions: Days and Times**

**South Woodford**

Wednesday 10am

**Venue:** St Anne Lines

8 Grove Crescent, South Woodford, E18

**Walthamstow:**

**Under 5s**

Monday: 10am, 11am, 2.00pm

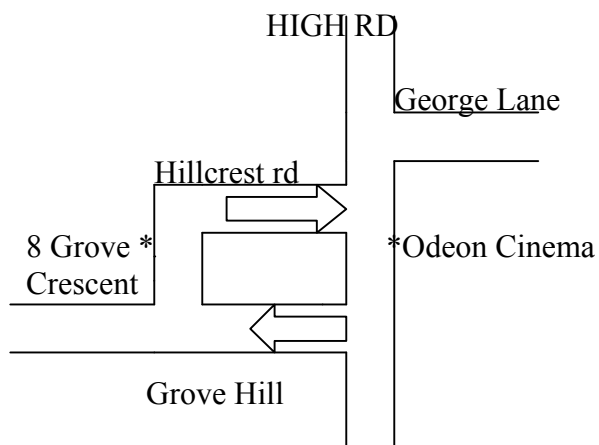
Thursday: 10am

**Under 1s:** Thursday 2.30pm

**Venue:** The small hall, St Gabriel's Family Centre, Havant Road, Walthamstow, E17

Fees are paid in termly blocks in advance. If this causes difficulty we can offer alternative means of payment.

**Attendance is through booking only.**



**ENQUIRIES AND BOOKINGS:**

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